

**RONKONKOMA MIDDLE SCHOOL  
2017 WRESTLING**

**ATHLETIC CONTRACT**

1. Athlete is expected to have all necessary forms handed in to Mr. Hertz in order to participate.
2. Athlete is expected to attend practice Monday through Saturday.
3. **Athlete is expected to communicate DIRECTLY to Mr. Giagios or Mr. D'Andria if he cannot make practice that day. Athlete is to bring in a note from parent confirming this absence.**
  - Two unexcused absences = loss of 1 match
  - Three or more unexcused absences = may be subject to possible suspension
  - Two detentions (including Lunch) = One unexcused absence
  - Getting thrown out of practice = one unexcused absence
  - One day ISS = Two unexcused absences
4. Athlete is expected to work to the best of his ability in practice, follow all of coach's directions, and report any problems or injuries directly to the coaches as soon as they occur
5. Athlete is expected to lock up all belongings in the locker room while practice is in session.
6. Athlete is expected to perform to the best of his ability in school academic subjects. If he needs extra help he may do so as long as he informs the coach and gets a late pass to practice from his teacher.
7. Athlete is expected to be a good role model for himself, team, coaches, and school.
8. Athlete is expected to be a good teammate and a good sport.
9. Athlete is expected to be ready for practice at 2:45 P.M.
10. Athlete understands that excessive lateness to practice (other than extra help), cutting practices, or being a poor role model can subject them to suspension from the team.
11. Athlete is expected to stay for the entirety of every meet and must return to school on the team bus.

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DETACH AND RETURN

**Athlete's name:** \_\_\_\_\_

**Athlete's signature:** \_\_\_\_\_

**Parents' signature:** \_\_\_\_\_